Lambing Management Tips

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Lambing season is a very enjoyable time of year for many shepherds. Investment of time and sound management practices pay dividends for producers during lambing time. The profitability of a sheep operation is largely dependent upon maximizing the number of lambs marketed per ewe exposed, while minimizing costs of production. Since most lamb deaths occur at or shortly after birth, lambing time is critical. The three primary causes of death of lambs around lambing time are difficulty during the birthing process, starvation, and hypothermia. Management practices at lambing time are essential for the economic viability of the sheep operation.

Dystocia (lambing problems) has been shown to be a significant cause of lamb mortality. Losses due to stillbirths and dystocia can be reduced by frequent visits to the lambing barn and timely assistance of ewes. Pregnant ewes should be checked every 3-4 hours. Many shepherds do their last check at 11 p.m. or midnight and then again at 5 or 6 a.m. Ewes that will lamb between these times usually show signs at the late night observation. Ewes close to lambing will be restless and may try to claim other newborn lambs. Ewes in labor will normally separate themselves, and frequently choose a corner or area along a wall or feedbunk to nest and deliver. The lambing area should be dry and well bedded, and sources of cold drafts that will chill newborn lambs should be eliminated. It is not necessary to have a heated lambing barn- a dry, draft-free area is more important. The lambing process can vary considerably between ewes. Ewes in labor should be left undisturbed. However, once the ewe begins forceful straining and the water bags are passed, delivery should normally take place within 45-60 minutes. Once the front legs are visible, lambs should be born within 30-45 minutes. After the first lamb is born, subsequent lambs are normally delivered within 30 minutes. Prolonged delivery beyond these times may indicate lambing difficulty, and the ewe should be examined and assisted if necessary. Prior to assisting the ewe, the examiner should wash the ewe's vulva with mild soap and water. Likewise, the shepherd should thoroughly wash their hands and arms and wear an OB sleeve when assisting or examining a ewe. When assistance is required to deliver one lamb, the uterus should be examined for additional lambs. For lambs that are pulled, a piece of straw may be gently inserted into the nostril as an irritant to help stimulate breathing.

When possible, ewes should be allowed to give birth where they initially bed down. Moving ewes to individual pens when they start lambing may prolong the birthing process and cause other complications. Additionally, allowing ewes to complete the lambing process before moving them to jugs will keep the jugs drier and help prevent injury to lambs in multiple birth situations. Lambing jugs should measure at least 5 ft. x 5 ft., with a maximum slat spacing of 3 in. Large breeds and multiple births may require larger jugs. The environment of the jug is critical to newborn lamb health and survival. The jugs should be kept well bedded, dry, and free of drafts. For facilities with cement floors, a base of lime or sawdust/shavings is recommended under straw. Cement floors can be cold and damp, and therefore a source of chilling and pneumonia in newborn lambs. When feasible, lambing jugs should be cleaned between ewes.

The first 24-48 hours after birth are a critical time for the ewe and her lambs. During this time, bonding occurs between the ewe and her lambs. The jugs also assist the shepherd in keeping a close eye on the ewe and lambs during this time. Upon moving the ewe into the jug, the lambs' navels should be immersed in a 7% iodine solution. Iodine helps prevent infection and promotes drying of the navel.

Colostrum is the milk produced by the ewe up to 18 hours after birth. It has important nutritional value for the newborn lamb. Colostrum also contains essential antibodies that provide protection against certain diseases for the newborn lamb, and provides energy to keep the lamb warm. Newborn lambs are susceptible to hypothermia due to their large body surface area in relation to body weight, and relatively low energy reserves.

Lambs should receive adequate intakes of colostrum within 30-60 minutes after birth. To help insure this, the ewe's teats should be stripped to remove the wax plugs that frequently obstruct the teat. In some cases, lambs that appear to be nursing may not be getting milk due to these plugs. Stripping the teats will also confirm the ewe has milk. Lambs should be monitored closely to make sure they nurse. Lambs that have nursed will have a full stomach upon palpation. Crutching ewes prior to lambing will enhance the lamb's ability to access the udder, particularly with long-fleeced ewes. Lambs that have not nursed should be assisted. Most lambs have a strong suckling reflex shortly after birth, and will nurse when presented a teat. It may be necessary to close the lamb's mouth on the teat and/or squirt milk in the lamb's mouth to initiate suckling. An effort should be made to help the lamb nurse the ewe before other methods are used to get colostrum into the lamb.

In some cases, the lamb is unable to nurse the ewe even with assistance. These lambs may be small, weak, chilled, rejected by the ewe, or injured. In these cases, stomach tube feeding is necessary to get colostrum into the lamb. Lamb stomach tubes that attach to syringes are available commercially, and should be on hand for all shepherds. For lambs that require tubing, start with 2-4 oz. the first feeding (30 cc equals ~1 oz.). Many times, this first feeding will energize weak or chilled lambs, and they will respond and be able to nurse on their own thereafter. If not, the lamb may require an additional tube feed an hour or two later. As a guideline, a 10 pounds lamb needs approximately 16 oz. of colostrum the first 24 hourse of life.

Virginia is largely a Selenium deficient state. Deficiency of Selenium and/or Vitamin E causes white muscle disease in lambs. For prevention of this disease and allaround flock health and performance, the ewe flock should be provided a high-selenium complete mineral mix specifically formulated for sheep during gestation (fed free-choice). Additionally, lambs should receive supplemental Vitamin E and Selenium in the first few days after birth.